

# The FACTS on HEADLICE

## Question & Answer Sheet

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Q. How do I know if my child has headlice?

A. The tell-tale sign is an itching scalp. Lice are greyish-white and move around on the scalp. Nits (lice eggs) are brown or white and are found affixed to the hair close to the root.

Q. If my child has headlice, is poor personal hygiene the cause?

A. No. Headlice can't tell if hair is clean or dirty. And they don't care if it's brown or blonde, long or short, straight or curly.

Q. Are headlice contagious?

A. Yes, definitely. But they can't jump from head to head and they can't fly. The only way they can be transmitted is by direct contact (heads touching) or indirect contact (a hat passed around which has been worn by a person with headlice).

Q. Is the person with headlice the only one who needs treatment?

A. Maybe. All members of the family should be inspected to make sure no lice or nits are present. If there is any evidence of live lice, that person should also be treated with a product like R&C™ Shampoo+Conditioner. You should also notify your child's teacher and the parents of friends... alert anyone he or she has been in contact with during the two weeks prior to discovering the outbreak.

Q. Is there anything else I should do?

A. Yes. Wash and dry all items that have touched your child's head on hot cycles. That means all clothing, bedding, towels, brushes, combs, scrunchies and hair ribbons. Any hats or clothes that are not washable should be wrapped securely in a plastic bag and left sealed for about two weeks.

Q. Will the nits fall out after treatment?

A. Sorry, no such luck. A special protein virtually 'glues' the nits to the hair follicles and there's no product that can dislodge them. To get rid of them, use a fine-toothed comb or your fingernails. It's difficult, but it must be done!

### A SOLUTION – R & C™ Shampoo+Conditioner

R&C™ Shampoo+Conditioner offers a single step product (shampoo and conditioner in one) that is easy to use. R&C™ Shampoo+Conditioner is an effective and easy to use solution to help eliminate headlice and their nits, when used as directed.

For further information, visit [www.liceguide.com](http://www.liceguide.com)